



# **How To Pass A Drug Test**

**By  
PassingPissTests.com**

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## Introduction to Drug Testing

[PassingPissTests.com](http://www.passingpissstests.com) has been helping people pass drug tests since 1997. They offer a variety of products that flush your system rather than hide the metabolites that develop when your body processes a drug.

Drug tests look for metabolites your body produces when it metabolizes drugs that you have consumed or ingested. Masking agents are easily detected by drug testing agents, so [PassingPissTests.com](http://www.passingpissstests.com) offers only products that will flush the system rather than mask.

If you need assistance in passing a drug test, feel free to call [PassingPissTests.com](http://www.passingpissstests.com) at 1-866-866-4472. Someone is there to assist you in selecting the appropriate product for your test.

Most companies drug test because the tests are sanctioned by the state, while other states do not have many regulations. In states that require drug testing, the employers are legally able to ask you to take drug test for no reason at all. They do not need a warrant or probable cause and random drug tests may also occur. States and employers believe that it is their right to expect that their employees are sober in the workplace, especially if public safety or security is a concern. Most agree to this statement, however, many people disagree on whether or not random drug testing is necessary or an appropriate way to determine someone's sobriety.

Drug testing in the workplace was legalized on September 15, 1986 when Executive Order 12564 was signed by President Ronald Reagan. This order made it a condition of employment that all Federal employees were to refrain from using illegal drugs, even while they were off-duty. This order was the basis

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for the Drug-Free Workplace Act of 1988, which originally only applied to Federal employees but then was used by the states, local jurisdictions and private-sector employees to implement drug testing in the workplace.

Before you take a drug test you will first need to know what the drug test is looking for and what type of timeline you are looking at for being detected depending on what type of drug you have used.

It is important to understand that what is being tested for varies greatly depending on who is performing the test, the cost of the test, the expectations and federal requirements. Some businesses may also have their own personal drug testing rules as well.

Federal government guidelines require that those who hold a commercial driver's license and work for a business where they will be driving a commercial vehicle have a drug testing system in place. If you are in the professional driving profession, you will need to pay special attention to the type of testing that your company requires. The National Institute of Drug Abuse (NIDA) requires that companies test for five specific categories of drugs. Most drug testing companies will provide a test that checks for all five categories. These five categories include:

- Cocaine – Includes Cocaine, Crack and Benzoyllecognine
- Cannabinoids – Includes Marijuana and Hash
- Amphetamines – Includes Speed, Methamphetamines and amphetamines
- Opiates – Includes Heroin, Opium, Codeine and Morphine
- Phencyclidine – PCP

Depending on what profession you are in or what business or governmental department you are required to take a drug test for, there may be expansion tests required. These test for additional drugs such as:

- Barbiturates – Including Phenobarbital, Scorbarbitol and Butalbital
- Hydrocodone – Including Vicodin and Lortab
- Methqualone – Known most commonly as Quaaludes or Ludes
- Benzodiazepines – Includes Valium, Xanax, Librium, Serax and Rohypnol
- Methadone
- Propoxyphene – Includes Darvon compounds
- Ethanol – Known as Alcohol
- MDMA or Ecstasy

Drugs that can be tested for, but are not commonly tested for include:

- LSD
- Tryptamines – Including Psilocybin, AMT, DMT, DPT, 5-MeO-DIPT
- Phenethylamines – Including Mescaline, MDMA, MDA, MDE, 2C-B, 2C-T-7
- Inhalants – Including Toluene, Xylene and Benzene

Now, that you know what can be tested for we can discuss which tests test for which drugs.

## Urine Tests

Urine tests are among the least expensive and most popular type of drug test. You can buy a home urine testing kit for around \$7 to \$50. The urine test is considered an intrusive type of testing. The test generally tests for use within the past week or longer if the drug is regularly used. These tests are also temperature tested to ensure integrity of the sample.

Substance	Detection Period by Urine Test
Alcohol	12-24 hours
Amphetamine	1-4 days
Barbiturates	1- 21 days
Benzodiazepines	1-42 days
Cannabis (Single Use)	2-3 days
Cannabis (Habitual Use)	Up to 12 weeks
Cocaine	4-5 days
Codeine/Morphine	2-4 days
Heroin	2-4 days
Methamphetamines	3-5 days
PCP	3-7 days

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[PassingPissTests.com](http://www.passingpissstests.com) has a variety of products that flush the metabolites associated with these drugs out of your system. The product does not mask the

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drug metabolites, but completely flushes your system and gives you a window of opportunity during which you can take your drug test and pass it.

[PassingPissTests.com](http://www.passingpissstests.com) features [\*\*ClearChoice GreenClean Concentrate\*\*](#). This product contains no masking agents and is undetectable by urine drug tests. The product is effective after one hour of taking all of the Herbal Detox Capsules and users will be in the Clear Zone™ for up to five hours. The product is effective at its maximum within the first hour after use.

Need to flush your system in a hurry? The [\*\*GHF Fast Flush 45 Min. Detox Drink\*\*](#) is designed to cleanse the body of the unwanted toxins within 45 minutes after use. This product is effective for about 10 to 12 hours after use and flushes all drug metabolites from your urinary tract.

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## Hair Tests

Hair tests are much more expensive than urine tests. These tests are often considered unobtrusive tests because they are just small hair samples. The hair drug test does allow a company to test for substances over a longer period of time, but do not usually detect use within the past week.

These tests require a sample of hair that is about 1 ½ inches long and they cannot be performed with just a single hair. These tests tend to test positive about twice as often as a urine test. According to a recent study on hair tests, out of 1, 832 paired hair and urine tests, 124 hair tests were positive while only 57 urine tests were positive. Unlike the urine test, the hair test is not significantly affected by brief periods of abstinence from drugs.

These tests are also capable of determining when the use of drugs occurred and when use was discontinued. Drugs such as codeine, heroin and morphine tend to lie down on the hair shaft tightly and do not usually migrate down the hair shaft. If the hair sample is long enough, drug testers may be able to determine some “relative” conclusions about when the drug use occurred. Cocaine, however, is very easy to detect and will migrate along the shaft. This makes it difficult to determine when the drug was used and how long an individual has been using it. The hair test may also be able to reliably differentiate between opiate and poppy seed use.

Substance	Detection Period by Hair Test
Alcohol	Not detectable
Amphetamines	Up to 90 days
Barbiturates	Unknown



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Benzodiazepines	Unknown
Cannabis (Single Use)	Up to 90 days
Cannabis (Habitual Use)	Up to 90 days
Cocaine	Up to 90 days
Codeine/Morphine	Up to 90 days
Heroin	Up to 90 days
Methamphetamines	Up to 90 days
PCP	Up to 90 days

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[PassingPissTests.com](http://www.passingpissstests.com) offers **[ClearChoice Hair Follicle Shampoo](#)** to help you pass your next hair drug test. The package includes both the Purifier and shampoo. The product does not mask toxins, but completely removes all residue and toxins in 10 minutes!

The shampoo and purifier is appropriate for hair of all lengths and the treatment lasts for up to 8 hours. Once the hair sample is taken for your test, the sample will remain toxin free forever!

The product does not mask and cannot be detected. The shampoo and purifier has a 99% success rate with a 200% guarantee!

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## Blood Tests

Blood tests are the most expensive and most intrusive form of drug testing. They are also the most accurate method of testing and the least common because of the expense. Blood tests are not very popular due to the widespread fear of blood borne infectious diseases. Blood testing also has a short detection period and requires trained phlebotomists to take the blood from the individual.

Blood tests cannot only be used to determine if you are using recreational drugs, but they can be used to determine if you are on any other types of medications. Blood may be used for testing for alcohol, but only within a few hours after alcohol has been ingested. If an individual is an alcoholic, there may be a longer available window due to the build-up of alcohol in the blood.

There are also some personal risks involved with blood tests. If you have a fear of needles then that will be one obstacle, but other problems include:

- Excessive Bleeding
- Blood accumulating under the skin (Hematoma)
- Infection at site of needle puncture
- Multiple punctures to veins - May occur if phlebotomist has not be trained properly or is new
- Fainting or Feeling lightheaded

Substance	Detection Period by Blood Test
Alcohol	Unknown – Depends on use
Amphetamines	Unknown
Barbiturates	Unknown

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Benzodiazepines	Unknown
Cannabis (Single Use)	2-3 days
Cannabis (Habitual Use)	2 weeks
Cocaine	Unknown
Codeine/Morphine	Unknown
Methamphetamines	1-3 days
PCP	1-3 days

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## Saliva Drug Tests

These tests are typically a little more expensive than a urine test but are less than a blood or hair test. The saliva test is becoming more popular as they are a less intrusive form of drug testing and are easiest to administer. These tests are able to detect more recent use than other drug testing procedures and are able to detect use within the past few days.

These tests are very product specific because there are no nationally accepted standards or cutoff concentrations for detection. The test does require lab processing to ensure that the test is accurate. These tests are also the hardest to manipulate by the drug user. The tests tend to mimic the results that would be found in a blood test because saliva is derived from blood. Detection is available immediately upon use.

Substance	Detection Period by Saliva Test
Alcohol	Unknown
Amphetamines	3 days
Barbiturates	Unknown
Benzodiazepines	Unknown
Cannibis (Single Use)	1 hour after ingestion, Up to 14 hours
Cannibis (Habitual Use)	1 hour after ingestion, Up to 14 hours
Cocaine	From time of ingestion and for 48 to 72 hours
Codeine/Morphine	12-36 hours
Heroin	From time of ingestion and for 48 to 72 hours
Methamphetamine	From time of ingestion and for 48 to 72 hours

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	hours
PCP	3 days

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PassingPissTests.com features products that have manufacturers guarantees. Some of them offer a 200% guarantee on their product.

ClearChoice products naturally flush your urinary tract of all toxins so you will pass your drug test. It does not simply mask the metabolites like some other drug tests. The product flushes them completely out of your system.

A five-hour window is available for the individual to the drug test. When you ingest drugs, the body metabolizes the drug and begins to push it through your system and they are expelled from your body. Your body will continue to metabolize the substance through your urinary tract system. As the drug continues to metabolize, you may fail a drug test outside of the five-hour window.

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## Sweat Tests

The sweat test is a new form of drug testing that involves the individual being tested to wear a patch for a specific period of time. The test is considered somewhat intrusive and the reliability has still not been confirmed. These tests are relatively uncommon, but they may grow in popularity, as the test is made more reliable.

The accuracy of the sweat test is also somewhat controversial, as if you have smoke on your body from marijuana, for example, the test may give a false reading. These tests may be able to detect some substances that would not trigger other tests that are currently being used. If a single drug has been used for longer than one week, the sweat test will be positive while the urine test may be negative.

The test is performed by a patch being placed on the skin and the patch then absorbs sweat over the time period that it is worn. It is possible to get a positive result if you use a drug during the time you are wearing the patch.

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next drug test.**

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## Top 10 Most Popular Recreational Drugs

### 1. Cocaine

**Street Names:** Coke, Snow, Nose Candy, Dust, White Lady, Toot, Blow

#### Tested for in Standard Drug Tests

**Drug Testing Information:** Cocaine is detectable in urine for 48 to 72 hours after use. Long term of cocaine may cause it to remain in the system for longer than three days. Cocaine is under the NIDA 5. Cocaine can be detected in urine, hair and saliva drug tests.

#### Substances that may cause a false positive:

- Kidney infections, kidney disease
- Liver infections, liver disease
- Diabetes
- Amoxicillin (antibiotic) and Tonic Water
- Coca Tea

### 2. Marijuana (Cannabis)

**Street Names:** Pot, Dope, Grass, Weed, Mary Jane, Doobie, Bud, Ganja, Hashish, Hash, Bhang, Marihuana

#### Tested For in Standard Drug Tests

**Drug Testing Information:** THC is the metabolite of marijuana. THC is one of the NIDA 5 and is detectable in urine for up to 72 hours after use or 12 weeks

with habitual or chronic use. THC can be detected in Hair, Saliva, Blood and Urine tests.

**Substances that may cause a false positive:**

- Ibuprofen (Advil, Nuprin, Motrin, Excedrin IB)
- Naproxen (Aleve)
- Ketoprofen (Orudis KT)
- Promethazine (Phenergan, Promethegan)
- Riboflavin (Vitamin B2, Hempseed Oil)
- Kidney Infection, Kidney Disease
- Liver Disease
- Diabetes
- Dronabinol (Marinol)

**3. Crack Cocaine**

**Street Names:** Freebase cocaine, Rock, Crack

**Tested For In Standard Drug Test (Under Cocaine)**

**Drug Testing Information:** Crack Cocaine is essentially a form of cocaine that is intended for drug abuse only. Crack Cocaine is more harshly punished than regular cocaine. Crack Cocaine is detected as cocaine on a drug test either through urine, hair or saliva.

**Substances that may cause a false positive:**

- Kidney infections, kidney disease
- Liver infections, liver disease
- Diabetes



- Amoxicillin (antibiotic) and Tonic Water
- Coca Tea

#### 4. Ecstasy (MDMA)

**Street Names:** Ecstasy, E, X, XTC, M, Rolls, Beans, Adam, Psychedelic Amphetamine

**NOT Tested For in Standard Drug Tests**

**CAN Trigger Amphetamines on Drug Test**

**Drug Testing Information:** Ecstasy is not specifically tested for in the NIDA 5, but it has a close chemical relationship to amphetamines and users may test positive for both amphetamines and methamphetamines. Amphetamines are detectable by standard drug tests in urine for 24 to 96 hours after use. Methamphetamines tend to stay in the system longer and can be detected 24-120 hours after use. Ecstasy can also be detected in hair tests. Amphetamines can also be detected in saliva for up to 3 days.

**Substances that may cause a false positive:**

- Ephedrine (Nyquil, Contact, Sudafed, Allerest, Tavist-D, Dimetapp, etc.)
- Phenegan-D, Robitussin Cold and Flu, Vicks Nyquil
- Diet aids with phenylpropanolamine (Dexatrim, Accutrim)
- Nasal Sprays (Vicks Inhaler, Afrin)
- Asthma Medications (Marax, Bronkaid tablets, Primatine tablets)
- Prescription Medications (Dexedrine, Pholedrine, Redux, Mescocarb, Amfepramone, Cathne, Morazone, Etafediate, and a variety of other medications ending in "mine."

- Kidney Infection, Kidney Disease
- Liver Disease
- Diabetes

## 5. Heroin

**Street Names:** Dope, Junk, Smack, H, Mr. Brownstone

### Tested For In Standard Drug Tests

**Drug Testing Information:** Heroin and other related Opiates are tested for in the NIDA 5. Heroin will break down into codeine and morphine and codeine breaks down into morphine. Heroin will cause you to test positive for Heroin, Codeine and Morphine. The levels that are apparent in a test can determine if the codeine and morphine were components of Heroin use. These can be detected in saliva, urine and hair tests. Heroin generally produces a positive test result for a day after single use and longer with chronic use.

### Substance that may cause a false positive:

- Poppy Seeds (Hair tests claim to be able to distinguish between poppy seeds and opiates)
- Prescription pain medications
- Cough suppressants with Dextromethorphan (DXM)
- Nyquil
- Kidney Infection, Kidney Disease
- Liver Disease
- Diabetes
- Various other Quinolones and Antibiotics, most ending in “floxacin”

## 6. LSD

**Street Names:** Acid, L, Tabs, Blotter, Doses, Trips

**NOT Tested For In Standard Drug Tests**

**Tested For in US Military**

**Some Businesses and Schools Test**

**Drug Testing Information:** LSD can be tested for in a urine drug test, but the test is more expensive and very uncommon. LSD is not commonly tested for in the NIDA 5 in the basic drug test and is not available for extended drug tests. LSD is not chemically similar to drugs that are tested for and does not typically trigger other tests. Some military branches will test for LSD. The price for LSD is still not included in the NIDA battery of tests. Some urine drug testing packages are starting to include LSD in their standard tests.

## 7. Crystal Meth

**Street Names:** Meth, Speed, Crystal, Glass, Crank, Tweak, Yaba, Desoxyn, Ice, Crank, Shabu Shabu

**Tested For in Standard Drug Tests**

**Drug Testing Information:** Amphetamines are tested in the NIDA 5. These drugs are detected in urine tests for 1 to 3 days after ingestion. Methamphetamines may last long and can be detected for 3 to 5 days after use. Methamphetamines are detectable in hair tests for up to 90 days. They are also detected in the blood for 1 to 3 days.

**Substances that may cause a false positive:**

- Ephedrine (Nyquil, Contact, Sudafed, Allerest, Tavist-D, Dimetapp, etc.)

- Phenegan-D, Robitussin Cold and Flu, Vicks Nyquil
- Diet aids with phenylpropanolamine (Dexatrim, Accutrim)
- Nasal Sprays (Vicks Inhaler, Afrin)
- Asthma Medications (Marax, Bronkaid tablets, Primatine tablets)
- Prescription Medications (Dexedrine, Pholedrine, Redux, Mescocarb, Amfepramone, Cathne, Morazone, Etafediate, and a variety of other medications ending in "mine.")
- Kidney Infection, Kidney Disease
- Liver Disease
- Diabetes

## 8. GHB

**Street Names:** G, Liquid Ecstasy, Somatmax, Scoop, Grievous Bodily Harm

**NOT Tested For in Standard Drug Tests**

**NOT Tested For in Extended Drug Tests**

**Possible To Test For**

**Drug Testing Information:** GHB is not a part of the NIDA 5. GHB is not detectable in any of the current drug tests that are used for employment, schools, judicial agencies or sports. It is detectable in urine for 12 to 24 hours after ingestion. All of the metabolites are gone within the first 24 hours. These tests are uncommon and the test is much more expensive than a basic drug test.

## 9. Ketamine

**Street Names:** K, Special K, and Cat Tranquilizer

**NOT Tested For in Standard Drug Tests**

**NOT Tested For in Extended Drug Tests**

## Possible To Test For

**Drug Testing Information:** Ketamine metabolites can be found in the urine, blood and hair, but tests for this substance are uncommon. The drug is slowly becoming recognized as a “Club Drug,” but specific tests are not being used. The drug is detectable for approximately 2 to 4 days.

### Substances that can cause false positives:

- Ketamine can cause a false positive for a PCP test, but the two can be differentiated in confirmation tests.

## 10. PCP

**Street Names:** Angel Dust, Sherms, and Embalming Fluid

## Tested For in Standard Drug Tests

**Drug Testing Information:** PCP is in the NIDA 5 and is tested for in all standard drug tests. Ten percent of the substance is excreted without being metabolized in urine. The remainder of the substance is metabolized as hydroxylate and glucuronide. Standard urine tests will test for both versions of the substance. Chronic users that have high body fat will be at greatest risk for long-term detection. PCP is detectable in urine tests for 3 to 7 days. Long-term users can be detected for up to 30 days. PCP is also detected in hair tests for 90 days, blood tests for 1 to 3 days and saliva for 3 days.

### Substances that can cause false positives:

- Ketamine can cause a false positive for a PCP test, but the two can be differentiated in confirmation tests.

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## Home Remedies and Other Myths

There are several home remedies that people have been attempting in order to pass drug tests for several years. The main problem is that as the drug tests become more technologically advanced and as more methods of drug testing are designed, home remedies are becoming less reliable. Here are a few of the most popular home remedies and why they don't work.

### Washing Your System with Water

Washing your system by drinking large quantities of water about 4 to 6 hours prior to a drug test has been recommended in emergency situations. There are dangers behind drinking too much water including water intoxication, which leads to another condition called hyponatremia. This is a condition in which causes the body to lose electrolytes dilutes the sodium in the body.

From the cellular level, you are essentially drowning yourself. Electrolyte imbalances and the swelling of tissues can cause an irregular heartbeat, allow fluid to enter the lungs and may cause the eyelids to flutter. Swelling can also put pressure on the brain and nerves, which can cause seizures, coma and ultimately death.

In the case of drinking enough water to pass a drug test, you may actually do yourself more harm in testing because your urine is lightly to be heavily diluted. This is abnormal and many tests will recognize that an unusual amount of water was consumed prior to the test.

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If you drink so much water that your urine looks diluted, the testing company may assume that you have diluted your urine and you may fail the test because of this.

[GHF Fast Flush 45 Minute Detox Drink](#) is a product that will flush your system within 45 minutes. Afterwards, the product continues to be effective for 10 to 12 hours. GHF Fast Flush 45 Minute Detox Drink is available at [PassingPissTests.com](#).

### **Drinking Vinegar**

Many believe that drinking vinegar and water together will flush your system, but this is only a myth. Vinegar will lower the pH of urine and Amphetamines may be excreted three times faster when your urine is acidic. Vinegar may reduce detection time, but you are still likely to be detected. Vinegar will also cause diarrhea, which can also cause dehydration. You will need to drink plenty of water if you use the vinegar option.

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### **Covering a Diluted Urine Sample**

If you have been drinking large quantities of water, you may find that your urine is diluted. A diluted sample can cause you more problems because you may be accused of tampering with your sample. There are two other options that people have tried to cover a diluted sample.

#### **1. Creatinine Level**

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- a. Eating red meat will boost your creatinine levels and it has been suggested that if you eat a large amount of red meat for about three days before your drug test, you can cover a diluted sample because the creatinine levels will be normal.

## 2. Vitamin B or Vitamin C

- a. By taking 50 to 100 milligrams of vitamin B or vitamin C, you may be able to color your urine sample yellow. Time-release vitamins may pose a problem if you are attempting this method.

There are several problems with these strategies. The main problem is that diluted samples are tested for specific gravity and creatinine levels that are below normal or above normal. If you eat too much red meat, you may end up hurting your test even more. If you only take the vitamins, you may have yellow urine, but they will still test as diluted samples. If you take too much vitamin B or C, these unnecessary levels will be excreted through your urine and many drug-testing companies are testing for abnormal levels of vitamins.

## Diuretics

Diuretics will cause you to urinate frequently. There are several diuretics that you may consume on a regular basis including:

- Coffee
- Cranberry Juice
- Beer
- Iced Tea
- Herbal Tea'
- Pepsi
- Grapes

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If you are consuming enough of a diuretic to flush your system, you may find that you will become seriously dehydrated. Diuretics can cause you to lose vital fluids and electrolytes and may even cause kidney damage from frequent urination. Electrolyte imbalances are also a dangerous effect that can cause heart, kidney and liver problems. Many kidney and liver problems will also cause you to have a false positive drug test for the majority of recreational drugs. If your electrolytes are imbalanced, you are at risk for heart failure or sudden death.

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[ClearChoice GreenClean Concentrate](#) is a great alternative to flushing your system with too much water or a diuretic. It only takes one hour for the product to become effective and you are in the ClearZone™ for up to 5 hours. Available at [PassingPissTests.com](http://www.passingpissstests.com).

### **Using Someone Else's Sample**

First of all, you will need to be able to get the sample into the testing room. It is commonplace for the tester to be in the room with men and possibly women if they are suspicious.

Second of all, you will need to know every substance, medication, food, etc. that the person has consumed within the last 24 to 48 hours and possibly the last month or longer *and* you will have to keep the sample between 91 to 97 degrees. Remedies such as Contac and Alka-Seltzer have caused many tests to come up as a false positive, which is why you will need to know *everything* that your friend has consumed.

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There are so many problems with this. Many testing facilities are requiring that people remove all of their clothing and wear a gown while they supply a sample. People have tried to use a vial or other receptacle taped to the inside of their thigh to get around the gown and the temperature requirement. This is very dangerous to try, especially if someone is watching you! If you get caught tampering with your sample, you will automatically fail the drug test and then you will have to deal with the consequences associated with the drug test that you were taking. If the tester requires another sample, they may require a certain amount of urine to test and if you are not able to supply enough, you may fail the test as well.

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### **Goldenseal and Other Herbal Remedies**

Goldenseal is a plant that many people believe will help pass a drug test, especially when used with large quantities of water. Unfortunately, Goldenseal is useless and is not worth chancing. Because Goldenseal is one of the most popular products that people use, many tests are testing for the herb in drug tests as well.

Several other herbs have also been tested, but a test that was done in 1995 on 50 herbs in Germany, showed that all 50 herbs failed. Many herbal teas have also been suggested for use, but most only dilute your urine and may cause you to fail the test due to diluted urine.

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### **Ammonia**

Two ounces of ammonia will alter the sample and cause a negative test, however, you must be able to get the ammonia into the testing facility and the smell of ammonia is easily recognized.

### **Lemon Juice**

Lemon juice is a plain and simple myth. Adding lemon juice will do nothing to the sample except maybe alter the pH somewhat.

### **Liquid Soap**

Liquid soap will make your sample appear cloudy and may cause suspicion. Soap will make the test comeback negative, however, you may have to have your own soap, as many testing centers are shutting off sinks, not supplying soap or having the sink outside of the testing area.

### **UrinAid**

UrinAid was once a reliable masking agent, but is not tested for in many labs. It would mask marijuana and nicotine metabolites but not cocaine or heroin.

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### **Urine from Other Animals**

Many desperate people have used the urine from dogs and even hamsters and substituted it for their own. With strict rules being enforced at many testing sites, it may be difficult to sneak in the sample and you may be under supervision. This is dangerous and the sample may not pass the temperature, pH or creatinine tests.

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## PassingPissTests.com Cheat Sheet

### Alcohol

- **Urine Test:** 12-24 hours

### Amphetamines

- **Saliva Test:** 3 days
- **Urine Test:** 1-4 days
- **Hair Test:** Up to 90 days

### Barbiturates

- **Urine Test:** 1-21 days

### Benzodiazepines

- **Urine Test:** 1-42 days

### Cannabis

- **Single Use**
  1. **Blood Test:** 2-3 days
  2. **Saliva Test:** 12-24 hours
  3. **Urine Test:** 2-3 days
  4. **Hair Test:** Up to 90 days
- **Habitual Use**
  1. **Blood Test:** 2 weeks
  2. **Saliva Test:** 12-24 hours
  3. **Urine Test:** Up to 12 weeks

4. **Hair Test:** Up to 90 days

### Cocaine

- **Saliva Test:** 1 day
- **Urine Test:** 4-5 days
- **Hair Test:** Up to 90 days

### Codeine/Morphine

- **Saliva Test:** 12-36 hours
- **Urine Test:** 2-4 days
- **Hair Test:** Up to 90 days

### Heroin

- **Urine Test:** 2-4 days
- **Hair Test:** Up to 90 days

### Methamphetamines

- **Blood Test:** 1-3 days
- **Urine Test:** 3-5 days
- **Hair Test:** Up to 90 days

### PCP

- **Blood Test:** 1-3 days
- **Saliva Test:** 3 days
- **Urine Test:** 3-7 days
- **Hair Test:** Up to 90 days